# Case study: Helping our local communities in Singapore

**By Perpetual Sustainability**
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In May 2023, the Perpetual Singapore team volunteered at Willing Hearts, a non-profit organisation run by volunteers to provide meals to vulnerable people in Singapore. Willing Hearts supports the elderly, disabled, low-income families and migrant workers, ensuring they all have access to nutritious food. The charity distributes about 7,000 daily meals to over 70 locations across Singapore, 365 days a year.

The team spent the afternoon sorting out food items and providing a helping-hand in the kitchen, preparing and packing meals for that evening. Not only was this a great way to help the local community, but everyone also agreed that volunteering gave them the opportunity time to spend quality time as a team together again.